



ABOUT TRIAGE CANCER

Triage Cancer is a national, nonprofit organization that provides cancer survivorship information through educational events, a speakers bureau, and online materials and resources. Triage Cancer serves patients, survivors, caregivers, advocates, and health care professionals.

Register for FREE:

<http://TriageCancer.org/Webinars>

Free CEUs for nurses and social workers are available.



TAKING TIME OFF AND PAYING FOR IT

January 24, 2018

Joanna Morales, Esq.

Understand how federal & state laws, employer policies, and disability insurance work together to help you take time off and replace your income. (90 minutes)

1pm P / 3pm C / 4pm E



CANCER NUTRITION: TIPS & TRUTHS

February 7, 2018

Julie Landford MPH, RD, LDN

This webinar will debunk popular nutrition myths. You will learn facts about nutrition and optimal well-being for cancer survivors.

12pm P / 2pm C / 3pm E



CANCER SURVIVORSHIP CARE PLANS & LATE EFFECTS

March 13, 2018

Joanna Morales, Esq. &

Saro Armenian, MD

Learn the elements of an effective cancer survivorship care plan, and the long-term and late-term side effects of cancer treatment.

1pm P / 3pm C / 4pm E



CAREGIVERS: LEARN TO LISTEN TO YOURSELF & CULTIVATE BENEFICIAL SELF-CARE HABITS

April 11, 2018

Julie Larson, LCSW

Become more mindful of your unique stress responses, and develop habits you can use to care for yourself.

12:30pm P / 2:30pm C / 3:30pm E



FOSTERING RESILIENCY IN FAMILIES FACING CANCER

May 16, 2018

Carissa Hodgson, OSW

Learn how to engage your natural strengths, pull together specific resources, and build new skills to create a stronger and more resilient family.

12:30pm P / 2:30pm C / 3:30pm E



PALLIATIVE CARING: IMPROVING CARE THROUGH THE EARLY INTEGRATION OF KEY PALLIATIVE PRINCIPLES

June 13, 2018

Shirley Otis-Green, MSW

Explore strategies to improve quality of life for both patients and their families, throughout the continuum of care.

11:30pm P / 1:30pm C / 2:30pm E



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HOT TOPICS IN THE LAW

July 12, 2018

Joanna Morales, Esq.

Get the latest updates on federal, state, and local laws that have an impact on the cancer community, including medical marijuana, death with dignity, and paid leave.

1pm P / 3pm C / 4pm E



UNDERSTANDING & MANAGING PAIN

August 15, 2018

Yvette Colón, PhD, ACSW, BCD

This webinar will cover different types of pain and strategies for working with your health care team to manage pain that you might be experiencing.

12pm P / 2pm C / 3pm E



MEDICARE: AN IN-DEPTH LOOK

September 12, 2018

Monica Bryant, Esq.

This webinar will explain the Medicare system, including the different "Parts," eligibility, costs, financial assistance, supplemental coverage, and open enrollment.

1pm P / 3pm C / 4pm E



10 TIPS FOR CHOOSING & USING HEALTH INSURANCE

October 16, 2018

Monica Bryant, Esq.

During open enrollment, you can make changes to your health insurance coverage or pick a new plan. This webinar will cover the key things to look for when comparing plans, and how to choose a plan that works for you.

1pm P / 3pm C / 4pm E



STRESS: WHAT IT IS & WHAT TO DO ABOUT IT

November 15, 2018

Nancy Fawzy, PhD, RN

This webinar will explain what stress really is, how it affects everyone differently, and most importantly, provide simple, common sense and practical techniques to get your stress under control.

1pm P / 3pm C / 4pm E