



June 30, 2014

Dear {FIRST\_NAME|Friend},

Summer is officially here! As usual, Triage Cancer, has been busy participating in, and hosting, cancer survivorship educational [events](#) across the country.

We also have some new educational resources available free for download.

Looking for information or resources that you can't seem to find? Let us know by [email](#) or connect with us on [Twitter](#) or [Facebook](#). We want to make sure that we are providing you with the resources and information that you need!

### Triage Cancer Survivorship Webinar Series

We have gotten a wonderful response to the webinars we have already hosted. Did you miss one? Don't worry, you can view the [recordings](#) anytime.



In our next FREE webinar, you can learn about the positive effects of exercise after a cancer diagnosis.

### **July 28, 2014 - Exercise Is Medicine: Why being active matters for cancer survivors**

10:00am PDT/12:00pm CDT/1:00pm EDT

Presented by [Dr. Kate Wolin](#)

*You might know that exercise is good for you to prevent diseases (including cancer), but did you know it is important after diagnosis too? We'll review the exercise guidelines for cancer survivors and talk about the risks and benefits associated with being active during and after treatment.*

[Register](#)

New webinars are being scheduled regularly, so please check our website for a complete listing of our [upcoming webinars](#).

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### Planning a Cancer Survivorship Event?

If you are planning an event for 2014, don't wait to [book your speakers](#), as the calendar is already filling up!



For practical information on cancer survivorship, including: medical,

## Upcoming Partner Events

Triage Cancer has fantastic partners in the cancer community. Check out these valuable resources on our [Partners Page](#).

To find events that Triage Cancer Speakers are participating in, visit our [Events Page](#). The following are two events hosted by our partners that we wanted to highlight, as registration is now open. Hope to see you there!



**National Women's  
Survivors Convention**  
July 30-August 2  
Nashville, TN

[More Information](#)



**Healthy Living Conference  
for Seniors & Caregivers**  
August 16  
Cerritos, CA  
[More Information](#)

Free CEUs for LCSW's & MFT's

## Speaker Spotlight



In this month's Triage Cancer Speaker Spotlight, we went to one of the most positive people we know, Jonny Imerman, founder of [Imerman Angels](#), to get him to weigh in on motivation, stress management and cancer.

Not surprisingly, he had some great tips for all those coping with cancer!

Read the whole interview with Jonny [here](#).

emotional, and practical issues, visit our [blog](#)!

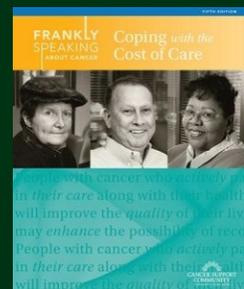
Some recent topics:

[The Latest News on the ACA & Marketplaces](#)

[Where You Live Matters](#)

Hot off the Presses:

Coping with the Cost of Care



## **TRIAGE CANCER:**

verb. \trē-'āzh,'kansə\

the assigning of priority order to projects on the basis of where time, funds, and other resources can be best used, are most needed, or are most likely to achieve success in navigating cancer survivorship issues.



[www.TriageCancer.org](http://www.TriageCancer.org) ♦ [Info@TriageCancer.org](mailto:Info@TriageCancer.org)

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