

# **Quick Guide to The Family and Medical Leave Act**

The Family and Medical Leave Act (FMLA) is a federal law that allows eligible employees to take up to a total of 12 weeks of unpaid, job-protected leave, per year:

- For their own serious medical condition
- For the care of a child, parent, or spouse with a serious medical condition
- For the birth of a son or daughter or placement of a son or daughter with the employee for adoption or foster care; or
- For any qualifying exigency arising out of the fact that a spouse, son, daughter, or parent is a military member on covered active duty or call to covered active duty status. In this instance, eligible employees are entitled to 26 weeks of leave.

# Employers covered by the FMLA, are:

- Private employers, that have 50 or more employees in 20 or more workweeks in the current or preceding calendar year;
- Public agencies, including a local, state, or federal agency, regardless of the number of employees it employs; or
- Public or private elementary or secondary schools, regardless of the number of employees it employs.

## Employees eligible for leave under the FMLA:

- Have worked for a covered employer for at least 12 months in the last 7 years;
- Have at least 1,250 hours of service for the employer during the 12 month period immediately prior to the leave; and
- Work at a location where the employer has at least 50 employees within 75 miles of the employee's worksite.

### Important areas to be aware of include:

- Employer requirements to provide notice to employees of eligibility for leave
- Employee requirements to provide notice of the need for leave
- Employee use of intermittent leave (smaller segments of time off)
- Medical certification forms and making disclosure decisions
- Employee return to work rights
- Specific FMLA provisions related to military service

For more detailed information about the FMLA, view our Expanded Quick Guide to the FMLA: http://triagecancer.org/QuickGuide-FMLAExtended.

For FMLA information from the U.S. Department of Labor, visit: <a href="https://www.dol.gov/whd/fmla">www.dol.gov/whd/fmla</a>.