Free Webinar Series

Triage Cancer provides education on practical and legal issues that may impact individuals diagnosed with cancer and their caregivers, through a free webinar series.

For more information & registration: TriageCancer.org/Webinars

**January 25, 2023**

**Getting Organized**

Learn practical tips for getting organized, including gathering tax documents, finding child care, completing household chores, & managing bills. And, we’ll discuss how you can stay organized using tools like mobile apps & technology, planners & calendars, & more.

11am PT / 1pm CT / 2pm ET (90 min.)

**February 15, March 8 & 15**

**Purpose in Planning Coping Circle Series**

This 3-part workshop series will cover estate planning basics, including how to complete key documents, and tips on having difficult conversations with loved ones.

10am PT / 12pm CT / 1pm ET (90 min.)

**March 22, 2023**

**Medical Bills: Tips, Taxes, Appeals, & Financial Help**

Learn practical tips to manage medical bills & prepare for tax time! We’ll also cover how to appeal medical bills, find financial assistance, & important terms to know when seeking help.

8:30am PT / 10:30am CT / 11:30am ET (90 min.)

**April 13, 2023**

**Beyond Medicine: Housing & Your Health**

Social and economic conditions can impact our chances of developing cancer, & treatment outcomes. In Part I of the Beyond Medicine series, we’ll explain social determinants of health & small steps to take to reduce their impact.

11am PT / 1pm CT / 2pm ET (90 min.)

**April 27, 2023**

**Beyond Medicine: Your Community & Your Health**

In Part II of the Beyond Medicine series, we’ll explore more social determinants of health, like work, transportation, school, environment, and literacy, and their impact on health.

11am PT / 1pm CT / 2pm ET (90 min.)

**May 17, 2023**

**Options When Losing Health Insurance at Work**

If you’ve lost your insurance at work, you likely have more than one option! We’ll discuss COBRA, the Marketplace, Medicare, & Medicaid. And, you’ll learn how to compare options to find an affordable plan.

10am PT / 12pm CT / 1pm ET (90 min.)
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<tr>
<th>June 21, 2023</th>
<th>July 26, 2023</th>
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<tr>
<td><strong>Cancer &amp; Disability Insurance</strong>&lt;br&gt;This webinar will explore disability insurance options when you have cancer and need to take time off (and options for caregivers). Learn about how the ADA, FMLA, state leave laws, and employer policies work together.</td>
<td><strong>Engaging in Self-Advocacy</strong>&lt;br&gt;This webinar will empower you to advocate for yourself! Learn practical tips for collecting medical records, talking with your health care team, navigating work and cancer, applying for benefits, filing appeals, identifying inaccurate online information, and more!</td>
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<td>8:30am PT / 10:30am CT / 11:30am ET ( 90 min.)</td>
<td>10am PT / 12pm CT / 1pm ET ( 90 min.)</td>
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<td><strong>August 24, 2023</strong></td>
<td><strong>September 13, 2023</strong></td>
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<td><strong>School &amp; Cancer: Going to College</strong>&lt;br&gt;Learn about navigating college and cancer, including how to get help through accommodations, working with professors, &amp; tips for a smooth transition from high school.</td>
<td><strong>Medicare 101</strong>&lt;br&gt;Get an in-depth overview of Medicare, including eligibility, the different “Parts,” how it works with other insurance, and making decisions during open enrollment. It will include a hands-on workshop on how to compare Medicare plan options.</td>
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<td>10am PT / 12pm CT / 1pm ET ( 90 min.)</td>
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<td><strong>October 19, 2023</strong></td>
<td><strong>November 15, 2023</strong></td>
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<td><strong>Getting Ready for Open Enrollment</strong>&lt;br&gt;Learn tips for picking a health insurance plan during open enrollment (Marketplace or employer), understanding other benefits you have access to, using your FSA and what to do if you have money left over, &amp; more.</td>
<td><strong>Cancer Caregivers: Rights &amp; Resources</strong>&lt;br&gt;Learn about the rights of caregivers at work, how to replace lost wages while acting as a caregiver, and practical tips to support caregivers. We’ll also talk about community resources available to cancer caregivers.</td>
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<td>10am PT / 12pm CT / 1pm ET ( 90 min.)</td>
<td>8:30am PT / 10:30am CT / 11:30am ET ( 90 min.)</td>
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**Need Help Now?**
Recordings of past webinars are available to watch anytime at TriageCancer.org/Webinars.

For free one-on-one help with issues that include health and disability insurance, work, finances, medical decision-making, estate planning, & more, visit TriageCancer.org/GetHelp, to make an appointment with the Legal & Financial Navigation Program.