



Caregiving — Resources

Triage Health Website	TriageHealth.org
Triage Health Events	TriageHealth.org/Events
Triage Health Materials (Quick Guides, Checklists, & Worksheets)	TriageHealth.org/QuickGuides
Triage Health Animated Videos	TriageCancer.org/AnimatedVideos
Triage Health Resources by Topic	TriageHealth.org/Resources
Triage Health State Laws	TriageHealth.org/StateLaws
Triage Health Spanish Resources	TriageHealth.org/Espanol
Triage Health Resources by Location	TriageCancer.org/StateResources
Triage Health Newsletter	TriageHealth.org/Newsletters
Triage Health Legal & Financial Navigation Program	TriageHealth.org/Legal-and-Financial-Navigation-Program/
Checklist to Making the Most of Employee Benefits During Open Enrollment	TriageHealth.org/Quick-Guides/Checklist-OpenEnrollment/
Checklist to Employee Benefits During a Job Search	TriageHealth.org/Quick-Guides/Checklist-EmployeeBenefits/
U.S. Equal Employment Opportunity Commission	https://www.eeoc.gov/
Quick Guide to Reasonable Accommodations at Work	TriageHealth.org/Quick-Guides/Reasonable-Accommodations/
Checklist: Reasonable Accommodations	TriageHealth.org/Quick-Guides/Checklist-ReasonableAccommodations/
Animated Video: Dealing with Side Effects at Work	TriageCancer.org/Video-SideEffectsatWork
Recorded Webinar, <i>Managing Side Effects at Work & in School</i>	TriageCancer.org/Webinar-Accommodations

Reasonable Accommodation Tracking Form	https://www.triagehealth.org/accommodationtrackingform
Job Accommodation Network	https://askjan.org/
U.S. Department of Labor, Wage & Hour Division	https://www.dol.gov/agencies/whd
Expanded Quick Guide to the Family & Medical Leave Act	TriageHealth.org/Quick-Guides/FMLAExtended/
Animated Video, How to Take Time Off & Pay For It	TriageCancer.org/Video-TakingTimeOff
Recorded Webinar, <i>Decisions About Work: Accommodations, Leave, Disability, & Retirement</i>	TriageCancer.org/Webinar-WorkandCancer
Triage Health Employment Resources	TriageHealth.org/Employment/
Quick Guide to Disclosure, Privacy, & Medical Certification Forms	TriageHealth.org/Quick-Guides/Disclosure/
Animated Video: <i>Privacy Choices After a Cancer Diagnosis</i>	TriageCancer.org/Video-Disclosure
California Paid Family Leave	edd.ca.gov/en/disability/paid-family-leave
Colorado Paid Family & Medical Insurance Program	https://famli.colorado.gov/
Connecticut Paid Leave	https://www.ctpaidleave.org
Delaware Paid Leave	https://labor.delaware.gov/delaware-paid-leave-is-coming/
D.C. Paid Family Leave	https://dcpaidfamilyleave.dc.gov/
Maryland Family & Medical Leave Insurance	https://paidleave.maryland.gov/
Massachusetts Paid Family & Medical Leave	www.mass.gov/paid-family-and-medical-leave-benefits-for-employees
Minnesota Paid Leave	mn.gov/deed/programs-services/paid-family/individuals
New Hampshire Paid Family & Medical Leave	www.paidfamilymedicalleave.nh.gov

New Jersey Family Leave Insurance	nj.gov/labor/myleavebenefits/worker/fli
New York Paid Family Leave for Family Care	paidfamilyleave.ny.gov/paid-family-leave-family-care
Paid Leave Oregon	paidleave.oregon.gov
Rhode Island Temporary Caregiver Insurance	dlt.ri.gov/individuals/temporary-disability-caregiver-insurance
Washington Paid Family & Medical Leave	paidleave.wa.gov
Veteran-Directed Care (U.S. Department of Veterans Affairs)	www.va.gov/geriatrics/pages/Veteran-Directed_Care.asp
Triage Health—Health Insurance Resources	TriageHealth.org/Health-Insurance/
Recorded Webinar, <i>Medicare 101</i>	TriageHealth.org/Webinar-Medicare
Recorded Webinar, <i>Understanding Health Insurance</i>	Triagehealth.org/Webinar-UnderstandingHealthInsurance
Animated Video: How to Pick a Health Insurance Plan	TriageCancer.org/video-pickingaplan
Health Insurance Comparison Worksheet	TriageHealth.org/Worksheet-HealthInsurance
Dollar For	https://DollarFor.org/TriageCancer
Cancer Finances Module: Health Insurance Appeals	TriageCancer.org/Cancer-Finances-Appeals
Health Insurance Appeal Tracking Form	TriageHealth.org/AppealTrackingForm
Quick Guide to Accessing Medical Records	TriageHealth.org/Quick-Guides/MedicalRecords/
Medical Information/Personal Documentation Storage	thepersonalarchive.com
Triage Health Estate Planning Resources	TriageHealth.org/Estate-Planning/

Recorded Webinar, <i>Estate Planning</i>	TriageHealth.org/Webinar-EstatePlanning
State-Specific Estate Planning Toolkit	TriageHealth.org/Estate-Planning-Toolkit/
Checklist: When Children Turn 18	TriageHealth.org/Quick-Guides/Checklist-ChildTurns18
Checklist: When a Family Member Dies	TriageHealth.org/Quick-Guides/Checklist-FamilyMemberDies/
CancerCare	www.cancercare.org
Imerman Angels	imermanangels.org
Alzheimer's Association	www.alz.org/help-support/community/support-groups
National Multiple Sclerosis Society	www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs
Michael J. Fox Foundation (Parkinson's) Buddy Network	www.michaeljfox.org/build-connections-parkinsons-buddy-network
Caregiver Action Network	www.caregiveraction.org
National Alliance for Caregiving	www.caregiving.org
Family Caregiver Alliance	www.caregiver.org
Eldercare Locator (Administration for Community Living)	eldercare.acl.gov
Arch National Respite Network & Resource Center	www.archrespite.org
Triage Health Military & Veterans Resources	TriageHealth.org/Military-Resources/
Triage Health Caregiving Resources	TriageHealth.org/Caregiver-Resources/
Triage Health Practical Guide to Caregiver Rights	TriageHealth.org/Guide-Caregiver