

Beyond Medical Care: Finding the Help You Need

Triage Cancer: TriageCancer.org

Triage Health: TriageHealth.org

Animated Video - Picking a Health Insurance Plan: TriageCancer.org/video-pickingaplan

Health Insurance Comparison Worksheet: TriageCancer.org/Worksheet-HealthInsurance

Triage Cancer State Resources: TriageCancer.org/StateResources

Medicare & You: Medicare.gov/Medicare-and-You

Medicare Prescription Payment Plan: Medicare.gov/Prescription-Payment-Plan

Local State Health Insurance Assistance Program (SHIP): TriageCancer.org/StateResources

Triage Cancer Health Insurance Resources: TriageCancer.org/HealthInsurance

Triage Health Appeals Navigator: TriageCancer.org/Triage-Health-Appeals-Navigator

Equal Employment Opportunity Commission: www.EEOC.gov

Job Accommodation Network: AskJAN.org/sitsol

U.S. Dept. of Labor Wage & Hour Division: www.dol.gov/whd

Quick Guide to Disclosure, Privacy, & Medical Certification: TriageCancer.org/QuickGuide-Disclosure

Animated Video: Privacy Choices After A Cancer Diagnosis: TriageCancer.org/Video-Disclosure

Employer Forms: TriageCancer.org/FMLACert-Employee
TriageCancer.org/FMLACert-Family

Quick Guide to Crowdfunding: TriageCancer.org/QuickGuide-Crowdfunding

Triage Cancer State Laws: TriageCancer.org/StateLaws

Triage Cancer Employment Resources: TriageCancer.org/Employment

CancerFinances.org Legal Assistance Module: TriageCancer.org/Cancer-Finances-Legal-Assistance

Quick Guide to Legal Assistance: TriageCancer.org/QuickGuide-LegalAssistance

My Social Security Account: SSA.gov/MyAccount
SSA.gov/pubs/EN-05-10540.pdf

Triage Cancer Disability Insurance Resources: TriageCancer.org/Disability-Insurance

Triage Cancer Caregiving Resources: TriageCancer.org/Caregiving

Veteran Directed Care: VA.gov/Geriatrics/Pages/Veteran-Directed_Care.asp

Getting Organized Checklist: TriageCancer.org/Checklist-GettingOrganized

Conversation Project: TheConversationProject.org

Triage Cancer Blog - Unexpected Costs of a Funeral: TriageCancer.org/blog/unexpected-costs-funeral

Planning Your Funeral or Memorial Service: www.nolo.com/legal-encyclopedia/planning-funeral-or-memorial-service-29879.html

Funerals Consumers Alliance: <https://funerals.org/consumers>

Free online funeral planning tools: www.mywonderfullife.com

Triage Cancer Estate Planning Toolkit: TriageCancer.org/Estate-Planning-Toolkit

Triage Cancer Estate Planning Resources: TriageCancer.org/estateplanning

CancerFinances.org Financial Assistance: TriageHealth.org/Financial-Assistance-Resources

Dollar For: DollarFor.org/TriageCancer

No Surprises Act Help Desk: www.cms.gov/nosurprises/consumers

Triage Cancer Medical Bill Tracker: TriageCancer.org/Worksheet-BillTracker

Internal Revenue Service (IRS): www.irs.gov/help/ita/do-i-need-to-file-a-tax-return

Taxpayer Advocate Service: www.taxpayeradvocate.irs.gov

Volunteer Income Tax Assistance (VITA): www.irs.gov/individuals/find-a-location-for-free-tax-prep

Pharmaceutical Assistance Programs – Prescription Drugs: TriageCancer.org/Pharma-Assistance

Drug Discount Card: TriageCancer.org/DrugDiscount

Quick Guide Getting & Paying for Prescription Drugs: TriageCancer.org/QuickGuide-RxAssistance

Medicare Part D Extra Help Program: www.ssa.gov/benefits/medicare/prescriptionhelp

State Pharmaceutical Assistance Programs (SPAP): www.medicare.gov/plan-compare/#!/pharmaceutical-assistance-program/states/

Medicare Savings Programs: TriageCancer.org/QuickGuide-MedicareSavings

Administration for Children & Families: <https://acf.gov/>

Feeding America: www.feedingamerica.org

Supplemental Nutrition Assistance Program (SNAP): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

WIC Nutrition Program for Women, Infants, and Children: www.fns.usda.gov/wic

Children: <https://www.usa.gov/school-meals>

Seniors: <https://www.usa.gov/senior-food-programs>

Privately owned apartments with reduced rents: <https://resources.hud.gov>

Public Housing for an affordable apartment for low-income families, seniors, and people with disabilities: www.hud.gov/program_offices/public_indian_housing/pha/contacts

Housing Choice Voucher Program (Section 8): www.hud.gov/topics/housing_choice_voucher_program_section_8

HUD counseling agency: <https://apps.hud.gov/offices/hsg/sfh/hcc/hcs.cfm>

Low Income Home Energy Assistance Program (LIHEAP): www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap

Low Income Household Water Assistance Program (LIHWAP): www.acf.hhs.gov/ocs/map/lihwap-map-state-and-territory-contact-listing

Higher education assistance: www.finaid.org/scholarships/cancer.phtml

Student Loans Deferment or forbearance: <https://studentloans.gov/myDirectLoan/index.action>

Student Loans Discharge: www.studentloanborrowerassistance.org and <https://studentaid.gov/manage-loans/forgiveness-cancellation>

Financial Big Picture Spreadsheet: TriageCancer.org/FinancialBigPicture

National Foundation for Credit Counseling: www.NFCC.org

Financial Planning Association: www.fpanet.org

Blood Cancer United – Clinical Trial Support Center: BloodCancerUnited.org

SHARE Cancer Support – Patient Navigation Program: ShareCancerSupport.org/patient-navigation

Board Certified Patient Advocates - Patient Advocacy Certification Board: www.pacboard.org

Meal Train: www.mealtrain.com

Take Them A Meal: takethemameal.com

CareCalendar: www.carecalendar.org

MyLifeLine: www.mylifeline.org

Caring Bridge: www.caringbridge.org

Cleaning for a Reason: cleaningforareason.org

Sign up Genius: www.signupgenius.com

Quick Guide to Stress Management: TriageCancer.org/QuickGuide-StressManagement

Triage Cancer Webinar: [Coping with Stress \(May 2026\)](#).

Financial assistance programs for behavioral health: www.HealthWellFoundation.org

Administration of Community Living (ACL): Eldercare.acl.gov

National Respite Network and Resource Center: Archrespite.org

National Alliance for Caregiving: www.caregiving.org

Caregiver Action Network: www.caregiveraction.org

Family Caregiver Alliance: www.caregiver.org

Support Groups & Counseling:

CancerCare: www.cancercare.org

Cancer Support Community: www.cancersupportcommunity.org

Alzheimer's Association: www.alz.org/help-support/community/support-groups

National Multiple Sclerosis Society: www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs

Peer-to-Peer Programs

Imerman Angels: imermanangels.org

Michael J. Fox Foundation (Parkinson's) Buddy Network: www.michaeljfox.org/build-connections-parkinsons-buddy-network

Thank you to our sponsors:

